

Welcome to Camp!!

Dear Audubon Family,

Thank you for registering your child in Audubon's Winter & Spring Adventures Camp. We're excited your child will be a part of our camp program this year!

Please take your time and carefully read through the following information. Use our **checklist** to make sure you have **read and/or completed** all the necessary steps for enrollment. If you have any questions or concerns regarding any of the enclosed information, please contact Wendy at wdalia@audubon.org.

- Cancellation / Change Policies**
- Preparing for Camp – All you need to know to have a great week!**
- Emergency Health Information Form**
- Liability Image Release**

Cancellation Policy

1. A \$75 fee will be retained for cancellations received 3 weeks prior to your child's session.
2. No refunds will be made for cancellations received within 3 weeks of your child's session

Preparing for Camp: All you need to know to have a great week!

Clothing

Kids get messy here! Please pack an extra bag of clothes and shoes that will remain at camp all week. **BE SURE YOUR CHILD'S NAME IS ON EVERYTHING.** Please dress in layers and in sturdy shoes. No flip flops - shoes and sandals must have a back strap. Bring a backpack, water bottle (non-disposable), and hat.

Arrival

Camp begins promptly at 9:00 am. Please arrive on time, so day hikes and special activities can begin on schedule. Every morning, you will bring campers to their room for **sign-in**. Please do not leave your child until after you have signed in, so an instructor can take responsibility for your child.

Pick Up

Pick up is at 2pm. A fee of \$10 per 5 minutes will be charged for campers waiting after their designated pickup time. All adults with permission to pick up your child must be on the Pick-Up Form. This form must be brought to camp on MONDAY. See Page 3 for more information.

Safety and health

Our main goal is to keep campers safe and happy. However, since this is an outdoor program, there is a chance of coming into contact with certain dangers, including - but not limited to – bees, wasps, mosquitoes, ticks, and poison oak. Please check your child for ticks each day. If your child has a severe allergy to any of the above, please inform the Teacher Naturalist and include this on the Emergency Health Information Form.

Wish List

Please check with your Teacher Naturalist to learn how you can help with materials donations. for special projects and activities.

Camp Gear

Camp families receive **15% off** in our nature store all summer.

Make it Waste-Free!

One crucial way to help conserve and restore natural ecosystems is by reducing the trash we make and the packaging we buy. Audubon programs help kids make connections between their actions and their environment. We ask all campers to bring 100% WASTE-FREE snacks and lunches so we can significantly reduce the waste we put into our landfills. WASTE-FREE means all contents of your lunch are consumable and/or re-usable. For example, please use containers to store food, instead of plastic bags; include water bottles instead of juice boxes; and add in a cloth napkin instead of a paper one. Label all items with your child’s name so they go home each day with your child. To make it easier for you to get prepared, we’ve listed three websites where waste-free lunch items can be purchased, if needed.

www.fabkins.com - cloth napkins for kids in an array of colors and designs.

www.whatscooking.info/catalog.php - waste-free products from bags, to water bottles, to sandwich wraps, all available for online ordering.

www.kidskonserve.com/ - a variety of reusable waste-free lunch kits, including bags, bottles, bowls, napkins & nametags

Thank you!

Here are some yummy, easy ideas:	Please avoid
Bulk snacks, like crackers, pretzels, or trail mix	Juice boxes
Reusable water bottles! 😊	Capris sun
Fruit, like sliced apples, grapes, oranges, etc.	Individually wrapped snacks, yogurts
Precut blocks of cheese	Throw-away utensils & baggies
Main courses in reusable containers rather than baggies	Lunchables
Bulk yogurt put in reusable containers	
Reusable utensils	
Reusable cloth napkins	Paper napkins

For more ideas or information on waste-free lunches check out www.wastefreelunches.org.

